

# ABRC: TRAINED Kit

## Plant Curiosity Basic:

### Student Handout – Lab Procedure & Assignments

(Adapted for younger students)

#### PROCEDURE 1 – Plant parent seeds

##### Materials

Arabidopsis seeds	Potting soil	Fertilizer
8 plastic pots per group	1 solid tray per group	1 tray with holes per group
Cheesecloth or paper towels	1 weighing boat per group	1 disposable Pasteur pipette per group
Labeling tape and marker	Plastic wrap	Watering can
Gloves		

1. Cut 8 pieces of cheesecloth or paper towel to fit the bottom of a pot. Place one piece in the bottom of each pot. This will stop soil from escaping during watering.
2. Place potting soil in a container and moisten with water. The moisture level of the soil should resemble a wet sponge. Add fertilizer according to package directions and mix thoroughly. Wear gloves when handling fertilizer and fertilized soil.
3. Fill each pot loosely with soil. Do not compress the soil as you fill the pots.
4. Stack one tray with drainage holes inside a solid tray. This stacked pair of trays will simply be called a tray moving forward.
5. Your group will plant one tray containing eight pots. Using labeling tape and a permanent marker, label each tray with your group number and the date (see examples below).

Group 1 - Date

6. Label eight pots with your group number and the seed type (see example below).

Group 1  
CS4004 Mix

7. Fill a weighing dish with water. Sprinkle a portion of the seeds into the water. Mix the seeds in the water by pipetting up and down slowly using a disposable Pasteur pipette. This will help to separate the seeds and make it easier to capture them individually.

8. Use the pipette to draw up individual seeds and place them on the surface of the soil. Plant nine seeds, evenly spaced, in each pot (Figure 1). Do not cover the seeds with soil.
9. Once planting is complete, place the pots in the tray. Wrap the tray tightly with plastic wrap to maintain moisture levels during germination.
10. Optional – Place the tray inside a cold room or refrigerator at 4°C for 2-3 days. This process, known as stratification, mimics winter conditions and promotes uniform germination of the seeds. Skip this step if you do not have access to adequate refrigeration space.
11. Place the trays under fluorescent lights.
12. Remove the plastic wrap once you see seedlings emerge from the soil (approximately 7 days after planting).
13. Once the plastic wrap has been removed, you will begin watering the plants regularly. Water when the pots feel light and the soil appears dry (1-3 times/week). Do not water directly into the pots. Add water to the tray to a depth of ½ inch and allow pots to soak. After 15 minutes, dump out any water that was not absorbed. Be careful not to overwater the pots or allow the soil to dry out.

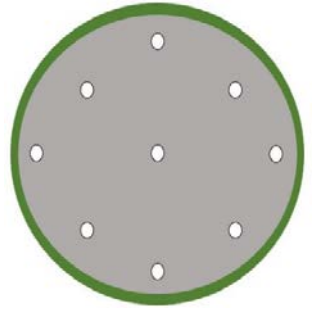


Figure 1. Placement of 9 seeds on soil surface

## ASSIGNMENT 1 – Observe growth and record phenotypes

1. Complete the *All about Arabidopsis* worksheet.
2. Observe the plants closely. Look for differences between the plants. In your lab notebook, make detailed drawings of the different plants you find. These different plants are called 'strains'.